

Kerri Mazzone, LISW-S
EMDR/IA Approved Consultant-in-Training
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Contract Agreement for Individual Consultation

The purpose of this agreement is to establish a clear understanding of the expectations of consultation. There are several different reasons a consultee seeks consultation. Which reason is of primary importance to you now?

- _____ To complete the 10 hours of consultation to meet EMDR basic training requirements
 _____ To gain knowledge regarding complex trauma, build confidence using EMDR, but not EMDRIA credential purposes
 _____ To achieve the EMDRIA Certification credential
 _____ Other _____

Your reason for entering consultation directs the type of consultation activities. As you develop, you may choose to change the focus of consultation. As soon as you decide to make changes in your focus, please let me know and we will discuss the change in activities or requirements at that time.

The following clarifies expectations, the general structure of consultation, what consultees can expect of me and what is expected of you when seeking to complete 10 hours of consultation for EMDR basic training, or to become EMDRIA Certified in EMDR. I am an EMDRIA Approved Consultant-in-Training. This means that if you have completed the Basic Training in EMDR and wish to become an EMDRIA Certified Therapist, I am approved to provide consultation toward that end. Please visit EMDRIA at www.emdria.org for further information on these requirements.

What the Consultee can expect of Consultant

1. EMDRIA currently requires a minimum of 20 hours of consultation (at least 10 hours must be individual consultation) to apply for EMDRIA Certification. Up to 15 of the 20 required hours may be completed with an EMDRIA Approved Consultant-in-Training. I require work samples of all 8 Phases and 3 Prongs of the standard EMDR therapy, and evidence of correcting any concerns prior to writing a recommendation letter for EMDRIA Certification. If you use more than one Approved Consultant in your journey toward EMDRIA Certification, I require a minimum of 1 hour of individual consultation prior to writing a recommendation letter for you to submit for EMDRIA Certification.
2. I encourage you to seek consultation from other consultants if they have a specialty area which fits your needs. Please notify me if additional consultants are utilized for hours towards EMDRIA Certification. The guidance provided to you will be enhanced if you grant both consultants permission to speak to each other.
3. I will document and track our time spent in consultation. I will retain documentation of our consultation together for a five year period from the date our work together concludes. I will write a letter of recommendation or written verification if you have acquired the skills and knowledge base to be Certified and demonstrate this. If the skills and knowledge have not been demonstrated, I can provide written documentation of the time spent in consultation, the skills and knowledge acquired and the areas still needing improvement. We will discuss issues as they arise especially if you are having difficulty.
4. I will keep abreast of current trends and changes happening with EMDR and trauma treatment. I will provide consultees with new information and accommodate your needs as

long as it stays within the scope of my knowledge. I will refer to other consultants if your needs are beyond my scope.

5. We will schedule our individual appointments as schedules permit. Suggested frequency is 1-2 hours per month.
6. I will make efforts to provide a safe and supportive learning environment. Any concerns about this, when shared with me, will be addressed with you in private.

What is expected of Consultee

1. You are expected to come prepared to present case material, complete with notes on that case.
2. Do not include any information that will identify the case you are presenting on materials you share with me.
3. You are expected to practice within the ethical guidelines of both your license and professional associations. EMDRIA states that if there is no professional association, then the APA's code of ethics will be the standard for all EMDRIA members. It is your responsibility to stay current on both the laws and ethics applicable to them.

For EMDRIA Certification

- Examples of your clinical work are essential to the consultation process. You will need to come prepared with client cases to discuss pertaining to all 8 phases of EMDR or (if you prefer) video or audio recordings of your client sessions. You will need to obtain the necessary releases from clients. The case presentations/video/audio must include your words and interventions.
- You will need to demonstrate proficiency and fidelity to the standard EMDR therapy and also an awareness of situations in which modifications to standard EMDR therapy are necessary in order to safely and effectively treat the client. This may include reading and training outside of consultation.

Consultation vs Supervision

Consultation is not supervision. Consultation focuses on mastery of standard EMDR therapy and integrating EMDR into your practice. You are responsible for the therapeutic relationship with your clients and competency in the modalities you offer. As a consultant, I do not hold liability for how you practice.

If you are seeking consultation toward EMDRIA Certification, I will be evaluating your proficiency and fidelity to the standard EMDR therapy and your awareness of situations in which modifications to standard EMDR therapy are necessary in order to safely and effectively treat the client.

Consultee Information

Full Name and Degree: _____

License type and number: _____

Preferred mailing address: _____

Work Phone: _____ Cell Phone: _____

Email: _____

Please provide the dates of your EMDR basic training and trainer's name:

Consultee will provide certificate of completion

Name of work setting: _____

Address of work setting: _____

Number of clients you see a week: _____

What are your goals for consultation?

- 1) _____
- 2) _____
- 3) _____

Based on the goals for consultation you have chosen, please be prepared to provide the following:

10 hours required for EMDR basic training completion

_____ Signed agreement (initial meeting)

_____ Provide the Targeting Sequence Plan/ EMDR Treatment Plan for each case (bring to each consultation)

_____ Provide the Basic Protocol Worksheet from each case (bring to each consultation)

EMDR/IA Certification

_____ Signed agreement (initial meeting)

_____ Informed consent process including EMDR therapy utilized at your place of practice (initial meeting)

_____ Case presentation material for discussion (bring to each consultation)

Fees

Individual consultation for clinicians seeking completion of EMDRIA basic training or EMDRIA Certification is billed at a rate of **\$50/hour**. This is payable at or prior to each session. I will send an invoice via venmo or you may pay by check made out to Kerri Mazzone LISW-S, LLC.

Sessions canceled with less than 24 hours' notice will be billed at the above rate.

I have read and understand and agree to the above conditions and expectations

Consultee Name (print) Signature Date

Kerri Mazzone, LISW-S

Consultant Name Signature Date